

# diabetes UNDONE

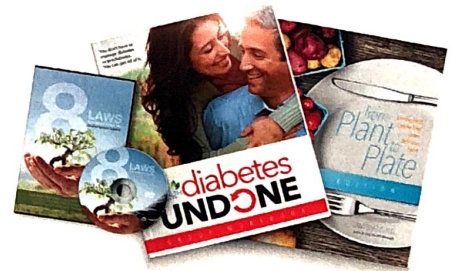
— INTERACTIVE WORKSHOP —

**1 in 3** Americans has diabetes or prediabetes.  
That doesn't have to be your story.

Join Dr. Wes Youngberg, lifestyle expert and author of *Goodbye Diabetes*, and Brenda Davis, world-renowned author and plant-based dietician, as they guide you through a hope-filled 8-session video course to reverse diabetes and reclaim your health.

## \$60 PARTICIPANT KIT INCLUDES:

- \* Inspiring wellness talks
- \* Expert advice
- \* Group support
- \* Cooking demos & samples
- \* Diabetes Undone Workbook
- \* Diabetes Undone Cookbook
- \* 8 Laws of Health DVD
- \* Access to the video course



**ORIENTATION + REGISTRATION, SEPTEMBER 10 AT 6:30 PM**

## DATES

**8 SESSIONS: FROM SEP. 16 THROUGH OCT. 11, 2018**  
Sundays and Thursdays at 6:30 pm to 8:00 PM

## VENUE

**SONBRIDGE**  
1200 SE 12th Street, College Place, WA 99324

## CONTACT

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